
SUMMER 2027
grit jr.
EXPLORER CAMP!
ENROLL NOW!
GRIT
sean malto
babai
GRIT
SPORTS TRAINING
FOR 3-5 YR OLDS
ACTIVE EXPLORATION

GRIT Jr. Explorer Camp



Only Day Camp in Downtown JC that is open from June - Sept

Transportation is offered on a first come, first served weekly basis from specific pick-up and drop-off locations in Jersey City and Hoboken. Please contact us for the locations and costs.
Limitations:

- No discounts for transportation
- No partial weeks
- Drop-ins (only if space available)





All New & Returning Campers, Join Us for Our Open Houses or stop by for a FREE TRIAL CLASS!

Check our website for times and locations.

RSVP for the specific date and timeframe you plan to attend.

* Stop in for the day. Spend the week. Build for the summer!

GRIT Camps
201 Marin Blvd, Jersey City, NJ 07302
201.596.6626 | info@gritsportstraining.com

GRIT Jr. Explorer
GRIT Adventure
GRIT X

For More Camp Activity Announcements & Highlights
~ Follow us @grit_jc

Have a 14-15 yr old looking for summer work experience?
Check out GRIT's CIT (Coach in Training) Program

WHY GRIT SUMMER CAMP?

No two days at GRIT are ever the same!

All of the outdoor exploration, sports activities, smart learning programs, and social community building you have come to expect from GRIT, plus new programs, activities, and partnerships to make this the best summer ever for your child.

A host of fun activities that will improve their athletic ability and mindset!

- Ninja + Parkour
- Obstacle Course Racing
- Skateboarding
- Basketball
- Soccer/ Field Sports
- GRIT MindLab®
- Wiffleball/Dodgeball
- Nerf Battles
- Gymnastics
- Tennis & PickelBall
- Football, Gaga Ball, Dodgeball
- Water Play & more!

Plus GRIT MINDLAB Studio Top Quality Summer Enrichment + Arts & Crafts:

- STEM/ STEAM Activities
- Cool Arts & Crafts/ Stage Productions & More
- Summer Enrichment Programs via JEI Learning



PLAY SPORTS | BUILD FRIENDSHIPS | GROW CONFIDENCE

QUESTIONS? PLEASE CONTACT US AT: (201) 596-6626

GRIT EXPLORER SUMMER CAMP

Ages 3-5 yr | 8:00am-1:30pm | CORE Camp
Ages 3-5 yr | 8:00am-4:00pm | CORE Extended Day
Late pick-up until 6:00pm available
Location: GRIT Sports Training, 201 Marin Blvd, Jersey City, NJ 07302
13 WEEKS: JUNE 14TH--SEPTEMBER 10th (PICK & CHOOSE YOUR DAYS/ WEEKS!)

Spend the ultimate summer with **GRIT jr. EXPLORER 2026!**

GRIT has you covered with a host of fun outdoor activities including **Parkour, Ninja Obstacle Course Racing, Soccer, Field Sports, Skateboarding, Basketball, Gymnastics, Local Field Trips, and more!**

This year we are adding even more activities and options to the mix!

No two days at **GRIT** are ever the same!

GRIT Explorer offers CORE Camp and CORE Extended Day options all designed to be built around your schedule and specifically for young campers!

Register by the day, week, or spend the entire summer with us!

Daily camp comprises of multiple games/activities/competitions at stations around GRIT's Explorer Camp.

Mixing climbing, parkour, gymnastics, and functional movements with fun and competitive games and team events!





ACTIVITIES INCLUDE:

- **PARKOUR+ NINJA**
- **GYMNASTICS**
- **ROCK WALL CLIMBING**
- **SKATEBOARDING**
- **FIELD SPORTS**
- **OUTDOOR EXPLORATION**
- **BASKETBALL**
- **SOCCER**
- **ACADEMIC ENRICHMENT**
- **ARTS & CRAFTS**
- **STEM/ STEAM ACTIVITIES**
- **and WATER PLAY!**

What's Included:

- GRIT Summer Camp T-shirt (additional T-Shirt can be purchased on our SWAG store!)

What to Pack:

- Lunch* & Snacks
- Sunscreen
- Swimsuit/Towel/Goggles
- Water Bottle

Don't have time to pack a lunch? You can now order lunch via our partner **SimplyGormetlunches.com** on their app!



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13 WEEKS: JUNE 14TH - SEPTEMBER 10th (PICK AND CHOOSE YOUR DAYS/ WEEKS)

CAMP HOURS

MONDAY- FRIDAY

CORE	8:00am - 1:30pm
CORE Extended	800 am - 4:00pm

PRICING

CORE Weekly	$499/week
CORE Extended Weekly	$599/week
Single Day (M -Th only)	$149/day
Late Pick-up (6pm)	$30/day or $125 for the week

BUY NOW/ SAVE NOW

BUY NOW/SAVE NOW/ PLAN LATER - The program provides the ability to change dates before May 15th with one change per family. After May 15th, changes are allowed but are subject to availability with a $50 change fee.

Please note We need 1+ weeks notification so we can ensure that we are staffed appropriately to honor the change. See our website for policy details.

SAMPLE SCHEDULE

8:00 - 9:00am	Dropoff/Group Mtg
9:00 - 10:30am	Morning Activity 1
10:30 - 11:00am	Snack & Break
11:00 - 12.00pm	Morning Activity 2
12:00 - 1:00pm	Lunch
1:00 - 1:30pm	CORE Camp Pick-Up
1:30 - 2:30pm	Afternoon Activity 1
2:30 - 3:00pm	Snack & Break
3:00 - 4:00pm	Afternoon Activity 2
4:00pm	Extended Pickup
4:00pm-6:00pm	Late Pickup Camp

- *Activities are switched up each day depending on the weather. Campers are put into age-appropriate teams each morning and follow a flexible, structured calendar of activities and competitions daily. All schedules can be viewed on our GRIT Adventure Camp App (must be registered at camp)*
- *WaterPlay will be held outdoors on Tuesday/Thursday and Friday (weather permitting)*
- *Our goal is to be outdoors as much as possible!*
- *To provide a new experience each day 2 Sports and 2 STEM/STEAMnrichment and/or Arts & Crafts per day.*
- *All campers must be potty trained!*












grit jr.



The GRIT jr. Explorer Camp keeps your preschooler active and engaged in fun, skill-building activities that change daily and weekly.

Campers enjoy age-appropriate games designed to develop their abilities while having a blast!

Activities include Ninja / Parkour Obstacles, Gymnastics, arts & crafts, STEM/STEAM Projects, MINDLAB, field sports, and more.

AGE

3 to 5 years (must be 3 by June 14th) **Must Be Potty Trained**

TWO EXPLORER CAMP OPTIONS:

EXPLORER CORE CAMP Time: 8:00 - 1:30pm
EXPLORER EXTENDED DAY CAMP Time: 8:00 - 4:00pm

Day schedule: [Schedule is Sample only]

8:00am	Drop Off & Counselor Welcome
9:30am	Arts & Crafts / STEM Activities
10:30am	Field Games
11:30pm	Lunch
12:30pm	Ninja
1:30pm	Pick up for Explorer CORE Campers
1:30pm	Dance/ Gymnastics
2:30pm	Field Games
3:30pm	Arts & Crafts/ Beginner Coding Class
4:00-6:00pm	After Camp Activities - Pick up Begins







13 WEEK SUMMER DAY CAMP

MONDAY - FRIDAY
June 4 - September 10



Kids want camp, not to return to school for the summer! GRIT provides a fantastic summer day camp experience with top-notch facilities, great coaches, and the highest quality of summer sports activities combined with academic enrichment in Jersey City. From PreK to advanced level activities, campers are able to pursue their passions and fuel their athletic and academic potential all while making life long friends!

GRIT is expanding its offerings with more sports, more skateboarding, more Basketball, MINDLAB*, more FUN!

Summer Camp Dates:

Week 1	June 14	Welcome to GRIT Week!
Week 2	June 21	Adventure Week
Week 3	June 28	Sports Splash Week
Week 4	July 5	Creator Week
Week 5	July 12	Superhero Week
Week 6	July 19	Challenge Week
Week 7	July 26	Invention Week
Week 8	Aug 2	Nature Explorers Week
Week 9	Aug 9	Team Quest Week
Week 10	Aug 16	GRIT Olympics
Week 11	Aug 23	Field of Dreams - Future Leaders Week
Week 12	Aug 30	Top Secret Mission Week
Week 13	Sept 7th	Crazy Camp - Summer Finale

Our summer camp weeks are designed for fun and growth! Your camper will love GRIT!

Fab Fridays

Ice Cream | Pizza | FUN Games | Inflatables | Live DJ | Water Battles

-Activities vary by week

PLAY SPORTS | BUILD FRIENDSHIPS | GROW CONFIDENCE

QUESTIONS? PLEASE CONTACT US AT: (201) 596-6626

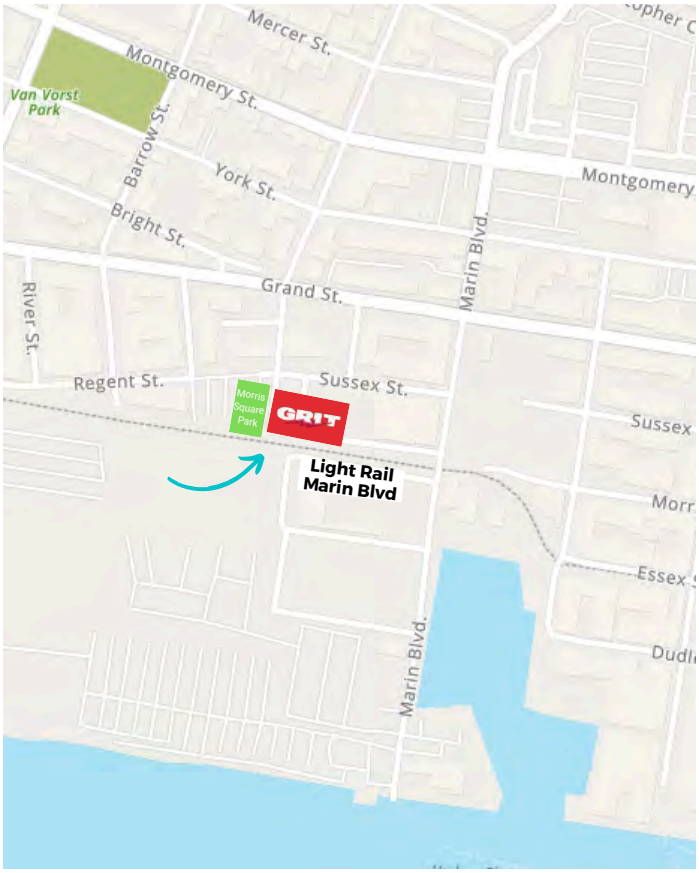
grit jr. EXPLORER CAMP

Morris Square Park 201 Marin Blvd Jersey City NJ 07302

GRIT is located in the GRIT Sports Training facility. This 5000 sq foot gym includes a rock climbing wall, obstacle course floor, basketball hoops, Parkour and Ninja equipment, sprinter track, arts & crafts room and more.

Located right across the street from Morris Square Park, GRIT Camp provides the perfect setting for a great summer of exploration, new friendships and personal growth









PLAY SPORTS | BUILD FRIENDSHIPS | GROW CONFIDENCE

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CAMP PACKING LIST



CAMPER'S NAME ON EVERYTHING!

PACK IN YOUR BACKPACK:

Extra Shirt
Refillable Water Bottle
Sunscreen (stays at camp)
Ziplock Bag for wet cloths
Healthy Snacks
Swimsuit/Towel*
(For Swimming and Water Play Days)

Wear Sneakers Every Day!

Optional Items:

Flip Flops (for water play)
Hat/Sunglasses
Goggles (for water play)
Bug Spray
Spare set of clothes

Skateboards & Skateboard gear is optional. We have everything at GRIT:)

DO NOT BRING:

Valuables
Electronics/Phones
Trading Cards
Expensive Sports Equipment

Campers will not be on their phones. Please leave them at home!

GRIT is not responsible for lost or damaged personal items.



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GRIT APP

NEW

STAY IN THE KNOW!

Stay in the know with GRIT! We can't wait to show you all the fun things your camper is doing this Summer!

Thats why we have invested in a GRIT Camp App so you can follow the fun as your camper moves from activity to activity!

See Daily Calendars, Upcoming Events, Field Day news and view/download/share pictures of your camper and their friends... memories that will last a lifetime!



GRIT CAMP APP

- Keep up to date on camper schedules, upcoming events, and more
- Browse, download and share pictures of your camper
- Schedule reminders and updates so you can check in on the action



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SUMMER CAMP
Frequently Asked Questions

Do I have to order lunch from Simply Gourmet?
You may choose to bring your own lunch or order lunch from Simply Gourmet. Please note: We do not have refrigeration or microwaves for lunches brought from home.

What about snacks and a water bottle for my camper?
Please pack two snacks and a reusable water bottle (with your camper's name clearly marked!)

Can I switch weeks after I register?
GRIT offers parents the flexibility to switch weeks until May 15th with our Buy Now, Save Now, Plan Later program. We can also help you switch weeks later if there is room available.

Can I request that my child be in the same group as another camper?
Yes. Campers who are the same age can be in the same group when registering on the same day. Note: Camp weeks and groups have maximum capacities.

How long does camp run?
We offer weekly camp for 14 weeks, from Monday, June 9 through Friday, September 11th. Plan for the summer, or choose a weekly option. We do offer drop-ins when space is available

What time can I drop my camper off?
Camp doors open at 8:00am to provide parents time to get to work. .

Can I get a discount on camp?
We offer early bird and member discounts. Buy early for best savings. Please check out our "log into savings" button on the top right-hand corner of our website. A 5% sibling discount is available. Discounts are available for a limited time and must be applied at the time of registration. Discounts cannot be combined.

Is transportation offered?
Transportation is offered for an small extra fee on a first-come, first-served weekly basis from specific pick-up and drop-off locations in Hamilton Park.

What does my camper need to wear to camp?
Campers should wear sneakers and athletic clothing. On Water Days, wearing a bathing suit underneath to camp is preferred. Please pack a towel.
• Apply sunscreen BEFORE arriving to camp.
• Bring sunscreen (with name marked) to reapply (a counselor can assist, if needed).

How do I find Lost Items?
Label all clothing/towels/water bottles/sunscreen, etc. If labeled, the staff will try to return that item by the end of the day or the next day. Our Lost and Found is located at the front desk. Questions? Text us at 201-596-6626.
Please keep valuables at home (no cell phones, Nintendo Switches, or playing cards should be brought to camp).

SUMMER CAMP
Optional Lunch

About Simply Gourmet Lunch Ordering Service [Optional]

- Products that are free of trans fats, artificial preservatives, artificial colors, flavors and sweeteners.
- Farm to table- we truly live by this...all produce that can be “locally grown” is brought in fresh to us from local farmers year round; all other produce is brought in fresh daily.
- Each of your meal components can be fully customized; bringing great value to you and ensuring your child will enjoy the selections you have made.
- Our food is prepared fresh daily. We do not serve micro waved or overly processed foods; nothing is ever fried.
- Our chicken & beef products are all hormone-and antibiotic-free. We offer all natural chicken tenders; NO GMOs; NO ANTIBIOTICS!
- We feature many organic, vegetarian & gluten free options (click the “edit” button on your menu to see the many daily choices)
- Our sandwich bread is whole wheat or whole grain and delivered to us from a local bakery. We do not use frozen bread products.
- We use only products that are free of nut ingredients.
- We offer age-appropriate portion sizes.
- Please call us if you need any further assistance. 973-891-1955.

Simply Gourmet

Sample Menu Choices [vegetarian & GF options available]

Entrees: Nuggets, Turkey Sandwich, Hot Dog, Mixed Greens & Chicken, Pasta, bagels, etc.
Sides: Soft Pretzel, Carrots & dip, Corn Chips, Hummus & Pita, etc.
Fresh Produce: Apple, Orange, Apple Sauce, Carrots, etc.
Drinks: 100% Juice Capri Sun, water
Dessert: Optional
Approx cost: $7 to $9
PIZZA on US ~ Every Friday* - FAB FUN FRIDAY!
[you may elect to order lunch from Simply Gourmet on Friday, if you prefer)

Are You Ready for Your Camp Day?



Camp Essentials Checklist:

- **Label Everything:** Ensure every item packed or worn has your child's name on it.
- **Footwear:** Wear sneakers (no crocs or flip flops).
- **Water Bottle:** Bring a refillable water bottle, labeled.
- **Lunch:** If packing your own, label it.
- **Snacks:** Pack 2 snacks (morning & afternoon), labeled.
- **Sunscreen:** Apply before camp, and pack spray sunscreen, labeled.
- **Clothing:** Wear athletic/active clothing, labeled.
- **Water Play Essentials:** Bathing suit, towel, goggles— all labeled.
- **Ziplock Bag:** For wet clothes, labeled.

MARK ALL BELONGINGS WITH NAME!

FAMOUS, FABULOUS, FUN FRIDAYS!

Ice Cream Truck • Fun Games • Inflatables • Live DJ — activities vary! — Pizza on us — EVERY Friday!







NEW TO GRIT?

Come join us for a FREE TRIAL class!

GRIT SPORTS TRAINING (201) 596-6626

www.gritsportstraining.com



GRIT JR. EXPLORER CAMP
GRIT ADVENTURE CAMP
GRIT X

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For More Camp Activity
Announcements & Highlights ~ Follow us

@grit_jc