



FALL '25 SCHEDULE

SEPTEMBER - NOVEMBER CLASS SCHEDULE

PARKOUR+ NINJA	GYMNASTICS	TENNIS *	BASKETBALL	SKATEBOARDING
FUTURE FREERUNNERS AGES 3-4 TUESDAY & THURSDAY 4:00PM - 4:45PM	FUTURE TUMBLERS AGES 3-4 MON: 4:15 PM-5:00PM SAT: 9:00AM-9:45AM	TENNIS TOTs AGES 3-5 SUN: 9:00AM - 9:45AM	BASKETBALL ROOKIES AGES 5-7 WED: 4:00PM - 5:00PM	LITTLE SHREDDERS AGES 4-5 SAT: 9AM - 10:00AM Weather Permitting
FREERUNNERS AGES 5-7 TUESDAY & THURSDAY- 4:45PM- 5:45PM	TUMBLERS AGES 5-7 MON: 5:00PM -6:00PM SAT: 9:45AM - 10:45AM	TENNIS PROs AGES 6-8yrs SUN: 9:45AM - 10:15AM	BASKETBALL PROS AGES 7-9 WED: 5:00PM - 6:00PM	BEGINNER SHREDDERS AGES 5-7 SAT: 10:00AM - 11:00AM Weather Permitting
YOUTH PARKOUR AGES 7-12 TUESDAY & THURSDAY 5:45PM - 6:45PM	REC GYMNASTICS LEVEL 1/2 AGES 7-12 MON: 6:00PM - 7:00PM	TENNIS RESUMES THIS OCTOBER	BASKETBALL ALL-STARS AGES 9+ WED: 5:00PM - 6:00PM	BETTER SHREDDERS AGES 7 -14 SAT: 11:00AM - 12:00AM Weather Permitting
PARKOUR LEVEL 1 & 2 AGES 9+ TUESDAY & THURSDAY 6:45PM - 7:45PM		SPORTS TRAINING		PARK Clinics AGES 7+ Special Clinics @ Local Skate Parks*
		SPEED & AGILITY LEVEL 2 & 3 AGES 7 - 9 & 10+ Private Training & Clinics*		

MEMBERSHIP OPTIONS

BASIC -1 Class per Week = 169/month
PREMIUM - 2 Classes Per Week = 329/Month
FAMILY- UNLIMITED = 399/Month

Unlimited Access to Open Gym and Special Membership Events

DROP IN/ CLASS PACKS

Drop-In = 49/class
5 Class Pack = 225
10 Class Pack = 439

FALL SEMESTER (10 Weeks)

1 Class per Week - 399
2 Classes per Week - 699

Fall Semester runs Sept 8-Nov 23

Special- Get 11 classes for the price of 10

Our Simple Membership pricing makes it easy to join GRIT! Your future athlete's membership covers one or two classes per week. See registration policy for details regarding membership benefits. Memberships are for families seeking 3+ months of activities. Check out our Friday Night Fun and Klds Night schedule! Want to drop in? We also offer drop-in and class packs. More Classes and Events Coming Soon!

Special Clinics will be posted on our announcement pages and social media.