



SUMMER '25 SCHEDULE

JULY/AUG 2025 CLASS SCHEDULE

PARKOUR+ NINJA	GYMNASTICS	TENNIS *	BASKETBALL	SKATEBOARDING
FUTURE FREERUNNERS AGES 3-4 TUESDAY & THURSDAY 4:00PM - 4:45PM	FUTURE TUMBLERS AGES 3-4 MON: 4:15 PM-5:00PM SAT: 9:00AM-9:45AM	TENNIS TOTs AGES 3-5 SUN: 9:00AM - 9:45AM	BASKETBALL ROOKIES AGES 5-7 WED: 4:00PM - 5:00PM	LITTLE SHREDDERS AGES 4-5 SAT: 9AM - 10:00AM Weather Permitting
FREERUNNERS AGES 5-7 TUESDAY & THURSDAY- 4:45PM- 5:45PM	TUMBLERS AGES 5-7 MON: 5:00PM -6:00PM SAT: 9:45AM - 10:45AM	TENNIS PROs AGES 6-8yrs SUN: 9:45AM - 10:15AM	BASKETBALL PROS AGES 7-9 WED: 5:00PM - 6:00PM	BEGINNER SHREDDERS AGES 5-7 SAT: 10:00AM - 11:00AM Weather Permitting
YOUTH PARKOUR AGES 7-12 TUESDAY & THURSDAY 5:45PM - 6:45PM	REC GYMNASTICS LEVEL 1/2 AGES 7-12 MON: 6:00PM - 7:00PM	TENNIS RESUMES THIS FALL!	BASKETBALL ALL-STARS AGES 9+ WED: 5:00PM - 6:00PM	BETTER SHREDDERS AGES 7 -14 SAT: 11:00AM - 12:00AM Weather Permitting
PARKOUR LEVEL 1 & 2 AGES 9+ TUESDAY & THURSDAY 6:45PM - 7:45PM		SPORTS TRAINING		PARK Clinics AGES 7+ Special Clinics @ Local Skate Parks*
		SPEED & AGILITY LEVEL 2 & 3 AGES 7 - 9 & 10+ Private Training & Clinics*		

MEMBERSHIP (Best Value)

BASIC -1 Class per Week = 169/month
PREMIUM - 2 Classes Per Week = 249/Month
FAMILY- UNLIMITED = 399/Month

Complementary Membership Events & Activities

DROP IN/ CLASS PACKS

Drop-In = 49/class
10 Class Pack = 439
20 Class Pack = 829

GRIT EXPLORER & ADVENTURE CAMP

June 23- Sept 5th
Drop-in and Weekly Options Available
The Best Summer Camp in Jersey City!

Special program for Members- See Front Desk

Our Simple Membership pricing makes it easy to join GRIT! Your future athlete's membership covers one or two classes per week. See registration policy for details regarding membership benefits. Memberships are for families seeking 3+ months of activities. More Programs coming this Month!, Want to drop in? We also offer drop-in and class packs

Special Clinics will be posted on our announcement pages and social media.

PLEASE SEE PRICING AND POLICIES PAGE ON OUR WEBSITE