



# FALL '25 SCHEDULE

SEPTEMBER - NOVEMBER CLASS SCHEDULE

PARKOUR+ NINJA	GYMNASTICS	TENNIS *	BASKETBALL	SKATEBOARDING
<b>FUTURE FREERUNNERS</b> AGES 3-4 TUESDAY & THURSDAY 4:00PM - 4:45PM	<b>FUTURE TUMBLERS</b> AGES 3-4 MON: 4:15 PM-5:00PM SAT: 9:00AM-9:45AM	<b>TENNIS TOTs</b> AGES 3-5 SUN: 9:00AM - 9:45AM	<b>BASKETBALL ROOKIES</b> AGES 5-7 WED: 4:00PM - 5:00PM	<b>LITTLE SHREDDERS</b> AGES 4-5 SAT: 9AM - 10:00AM Weather Permitting
<b>FREERUNNERS</b> AGES 5-7 TUESDAY & THURSDAY- 4:45PM- 5:45PM	<b>TUMBLERS</b> AGES 5-7 MON: 5:00PM -6:00PM SAT: 9:45AM - 10:45AM	<b>TENNIS PROs</b> AGES 6-8yrs SUN: 9:45AM - 10:15AM	<b>BASKETBALL PROS</b> AGES 7-9 WED: 5:00PM - 6:00PM	<b>BEGINNER SHREDDERS</b> AGES 5-7 SAT: 10:00AM - 11:00AM Weather Permitting
<b>YOUTH PARKOUR</b> AGES 7-12 TUESDAY & THURSDAY 5:45PM - 6:45PM	<b>REC GYMNASTICS LEVEL 1/2</b> AGES 7-12 MON: 6:00PM - 7:00PM	<b>TENNIS RESUMES THIS OCTOBER</b>	<b>BASKETBALL ALL-STARS</b> AGES 9+ WED: 5:00PM - 6:00PM	<b>BETTER SHREDDERS</b> AGES 7 -14 SAT: 11:00AM - 12:00AM Weather Permitting
<b>PARKOUR LEVEL 1 &amp; 2</b> AGES 9+ TUESDAY & THURSDAY 6:45PM - 7:45PM		<b>SPORTS TRAINING</b>		<b>PARK Clinics</b> AGES 7+ Special Clinics @ Local Skate Parks*
		<b>SPEED &amp; AGILITY LEVEL 2 &amp; 3</b> AGES 7 - 9 & 10+ Private Training & Clinics*		

## MEMBERSHIP OPTIONS

BASIC -1 Class per Week = 169/month  
PREMIUM - 2 Classes Per Week = 329/Month  
FAMILY- UNLIMITED = 399/Month

Unlimited Access to Open Gym and Special Membership Events

## DROP IN/ CLASS PACKS

Drop-In = 49/class  
5 Class Pack = 225  
10 Class Pack = 439

## FALL SEMESTER (10 Weeks)

1 Class per Week - 399  
2 Classes per Week - 699

Fall Semester runs Sept 8-Nov 23

Special- Get 11 classes for the price of 10

Our Simple Membership pricing makes it easy to join GRIT! Your future athlete's membership covers one or two classes per week. See registration policy for details regarding membership benefits. Memberships are for families seeking 3+ months of activities. Check out our Friday Night Fun and Klds Night schedule! Want to drop in? We also offer drop-in and class packs. More Classes and Events Coming Soon!

Special Clinics will be posted on our announcement pages and social media.