



WINTER '25-26 SCHEDULE

NOVEMBER - FEBRUARY CLASS SCHEDULE

PARKOUR+ NINJA	GYMNASTICS	TENNIS *	BASKETBALL	SKATEBOARDING
FUTURE FREERUNNERS AGES 3-4 TUESDAY & THURSDAY 4:00PM - 4:45PM FREERUNNERS AGES 5-7 TUESDAY & THURSDAY- 4:45PM- 5:45PM YOUTH PARKOUR AGES 7-12 TUESDAY & THURSDAY 5:45PM - 6:45PM PARKOUR LEVEL 1 & 2 AGES 9+ TUESDAY & THURSDAY 6:45PM - 7:45PM	FUTURE TUMBLERS AGES 3-4 MON: 4:15 PM-5:00PM SAT: 9:00AM-9:45AM TUMBLERS AGES 5-7 MON: 5:00PM -6:00PM SAT: 9:45AM - 10:45AM REC GYMNASTICS LEVEL 1/2 AGES 7-12 MON: 6:00PM - 7:00PM	TENNIS TOTs AGES 3-5 SUN: 9:00AM - 9:45AM TENNIS PROs AGES 6-8yrs SUN: 9:45AM - 10:15AM <i>Special Tennis Session Coming Soon!</i>	BASKETBALL ROOKIES AGES 5-7 WED: 4:00PM - 5:00PM BASKETBALL PROS AGES 7-9 WED: 5:00PM - 6:00PM BASKETBALL ALL-STARS AGES 9+ WED: 5:00PM - 6:00PM	LITTLE SHREDDERS AGES 4-5 SAT: 9AM - 10:00AM Weather Permitting BEGINNER SHREDDERS AGES 5-7 SAT: 10:00AM - 11:00AM Weather Permitting BETTER SHREDDERS AGES 7 -14 SAT: 11:00AM - 12:00AM Weather Permitting PARK Clinics AGES 7+ Special Clinics @ Local Skate Parks*
		SPORTS TRAINING SPEED & AGILITY LEVEL 2 & 3 AGES 7 - 9 & 10+ Private Training & Clinics*		

MEMBERSHIP OPTIONS

BASIC -1 Class per Week = 169/month
 PREMIUM - 2 Classes Per Week = 329/Month
 FAMILY- UNLIMITED = 399/Month
Unlimited Access to Open Gym and Special Membership Events

DROP IN/ CLASS PACKS

Drop-In = 49/class
 5 Class Pack = 225
 10 Class Pack = 439

WINTER 12 Weeks)

1 Class per Week - 399
 2 Classes per Week - 699
Winter Semester runs -Nov 23- Feb 15th
 Special- Get 12 classes for the price of 10

Our Simple Membership pricing makes it easy to join GRIT! Your future athlete's membership covers one or two classes per week. See registration policy for details regarding membership benefits. Memberships are for families seeking 3+ months of activities. Check out our Friday Night Fun and Saturday Klds Night schedule! Want to drop in? We also offer drop-in and class packs. GRIT also has Open Gym for members More Classes and Events Coming Soon!