# EXPERIENCE THE CRIT DIFFERENCE

At **GRIT Summer Camp**, every day is filled with movement, confidence building, and moments where kids surprise themselves with what they can do.



### OUR CORE VALUES:



To help develop "GRIT" through movement and mind programs.



GRIT's structured, progressive programs and camps focus on developing strength, agility, balance, and coordination while building self-confidence.



Athletes learn that exercise is fun and part of a healthy lifestyle and that in order to succeed you must persist and be dedicated.



Every week our athletes tackle new challenges and obstacles through fun games and challenges. This teaches them they can achieve anything they put their minds to!



That's why GRIT's motto is "Never Give Up!"























## ESSENTIALS CHECKLIST

#### ARE YOUR EADY FOR YOUR CAMP DAYP

#### CHECKLIST:

Campers are expected to have the following items prepared each day.



#### **Label Everythings**

Ensure every item packed or worn has your child's name on it.



#### Proper Footwears

Wear closed-toe sneakers (no crocs, flip flops, slides, etc.).



#### Water Bottles

Bring a refillable water bottle, labeled.



#### **Lunchs**

If packing your own, label it.



#### Snacks:

Pack 2 snacks (morning & afternoon), labeled.



#### **Swim Essentials**:

Bathing suit, towel, goggles, all labeled.



#### **Ziploe Bags**

A sealable, water tight bag for wet clothes, labeled.



# ACTIVITIES & ENRICHMENT



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All of the outdoor exploration, sports activities, smart learning programs, and social community building you have come to expect from GRIT, plus new programs, activities, and partnerships to make this the best summer ever for your child.



#### AHOST OF FUNACTIVITIES:

- O Ninja + Parkour
- Obstacle Course
- Racing
- Skateboarding
- Basketball
- Running

- Swimming at NJCU\*
- Pickleball
- Wiffleball
- Dodgeball
- Nerf Battles
- Gymnastics

- Tennis
- Soccer / Football
- Field Sports
- Water Play



#### MIND LAB/ENRICHMENT

- STEM / STEAM / Critical Thinking Activities
- Cool Arts & Crafts / Stage Productions & More
- Summer Enrichment Programs via JEI Learning







# LOCATION & FACILITIES

MORRIS SQUARE PARK & 201 MARIN BLVD IN JERSEY CITY, NJ

# A LOCATION EVILLY FOR EXCHAEMENTAL

GRIT is located in the GRIT Sports Training facility. This **5000 sq foot** gym includes exciting features such as:

- Rock Climbing Wall
- O Parkour & Ninja Equipment
- Obstacle Course Floor

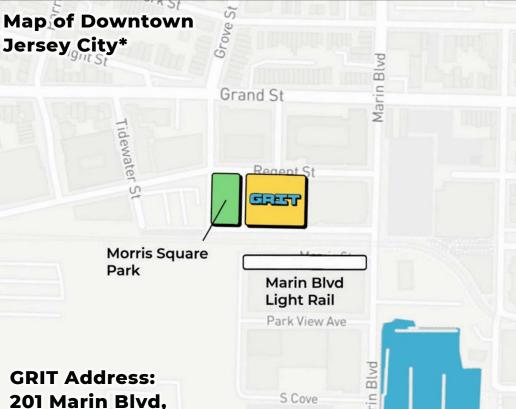
Jersey City, NJ 07302

- Sprinter Track
- Basketball Hoops
- Arts & Crafts Center

List includes both indoor and outdoor spaces.



### MAP & INFORMATION



Located right across the street from Morris Square Park,
GRIT Camp provides the perfect setting for a great summer of exploration, new friendships and growth.

This location is easily accessible via the **Marin Blvd Light Rail** station located across the street.







## FOR AGES IN JERSEY CITY

### ETODAM - LTODEM

### FULL DAY OR HALF DAY



Full Day ——	8:00am - 4:00pm
Half Day AM ——	8:00 am - 12:00pm
Half Day PM ——	1:00pm - 4:00pm
Aftercamp ——	4:00pm - 6:00pm
Early Drop Off ——	7:30am - 8:00am

#### SAMPLE SCHEDULE:

Drop off / Group Mtg — 8:00 - 9:00am Morning Activity 1 —— 9:00 - 10:30am Snack & Break — 10:30 - 11:00am Morning Activity 2 —— 11:00 - 12.00pm Lunch — 12:00 - 1:00pm Afternoon Activity 1 — 1:00 - 2:00pm Snack & Break —— 2:30 - 3:00pm

Afternoon Activity 2 — 3:00 - 4:00pm

Pick up / Group Mtg — 4:00pm

After Camp Begins — 4:00pm - 6:00pm

#### PRICING

Full Day Weekly - \$579 / week Half Day Weekly - \$479 / week Single Day — \$149 / day (Mon -Thu only)

#### Early Drop-off and Aftercamp

Early Drop off from 7:30 - 8:00AM and is \$20 per day or \$75 per week if paid in advance.

Campers can arrive 8:00 - 9:00am at no charge.

Aftercamp \$40 per day or \$125 per week if paid in advance.

4th of July week campers will have their camp prorated by staff once booked.

Activities are switched up each day depending on the weather. All schedules and activities can be viewed on our GRIT Adventure Camp App.

Afternoon swimming and pool fun at NJCU twice a week. Campers ages 6+ will be bused to NJCU. Swimming for Full-Week Campers only! Swimming starts and the end of June and runs through Late August. Fridays afternoons are water play (weather permitting). Our goal is to be outdoors as much as possible!

To provide a new experience each day 3 Sports and 1 STEM/Enrichment and one Arts & Crafts per day. Kids split into age-appropriate teams for all activities.

GRIT's gym is the base camp for all adventures and field trips.

### THWEEKS OF SUMMER EXCITEMENT!

Kids want camp, not to return to school for the summer! GRIT provides a fantastic summer day camp experience with top-notch facilities, great coaches, and the highest quality of summer sports activities combined with academic enrichment in Jersey City. Campers are able to pursue their passions and fuel their athletic and academic potential all while making life long friends!



#### WEEKLY THEMES!

WEEKY	June 8th	Nature Week	
SZEEW	June 15th	Art Through The Ages	
	June 22nd	Heroes & Villains	<u> </u>
PXEEW	June 29th	Stars & Stripes	******
	July 6th	Inventors & Engineers	
	July 13th	All Ball	
WEEKY 7	July 20th	Space & Science	
	July 27th	Wizards & Witches	6-
	August 3rd	Spirit Week	
C XEEW	August 10th	GRIT Olympics	
WEEKY TO THE STATE OF THE STATE	August 17th	Field of Dreams	
WEEK P	August 24th	Top Secret Mission	TOP SECRET
WEEKY E	August 31st	Crazy Camp!	3. 3. 5.
WEEKY T	September 7th	Crazy Camp 2!	



- O Ice Cream / Pizza
- O Dance Party
- E-MUCH



Activities vary by week. (Weather Permitting)

O Bouncy House

Water Battles

## PLANS-E PRICING





# OPTIONS

#### CAMP TYPES & DETAILED PRICING!

(Daily)

(Weekly)

(Weekly)

ADVENTURE

\$141100

\$455.00

\$ 379.00

Register early to save!

# EARLY DROP OFF CAFTERCAMPI

#### Early Drop Offit 7:50-8:00am \$20 per day or \$75 per week

Early Drop off from 7:30 - 8:00AM and is \$20 per day or \$75 per week if paid in advance.

Campers can arrive 8:00 - 9:00am at no charge.

Aftercamp \$40 per day or \$125 per week if paid in advance. Pick-up is between 4:30 - 6:00pm

4th of July week campers will have their camp prorated by staff once booked.

# DISCOUNTS & OFFERS:

Discounts Valid **ONLY** at the time of registration and discounts can not be combined.

Discounts do not apply to Aftercare. Discounts are limited time offers and expiration dates apply.

#### REGISTER EARLY!

Multi week discounts are provided for 4+ weeks of camp but are only applied at purchase. Call for details!

#### OPTIONAL DINING PROVISIONS:

GRIT Summer Camp offers a wide selection of dining options in partnership with **Simply Gourmet!** 

This dining service has your camper in mind with their core values:



- Products that are free of trans fats, artificial preservatives, artificial colors, flavors and sweeteners.
- Farm to table- we truly live by this...all produce that can be "locally grown" is brought in fresh to us from local farmers year round; all other produce is brought in fresh daily.
- Each of your meal components can be fully customized; bringing great value to you and ensuring your child will enjoy the
- Each of your meal components can be fully customized; bringing great value to you and ensuring your child will enjoy the selections you have made.
- Our food is prepared fresh daily. We do not serve micro waved or overly processed foods; nothing is ever fried.



### CANCELLATION / REFUND POLICY

If you register for camp, then you confirm you agree with the **terms and conditions** set forth:

#### All Registrations are Final.

Summer 2026 Camp Tuition is not eligible for credits or refunds.

There are no partial credits for missed days unless with a **signed doctor's note\*** (15% surcharge applies) explaining the camper's medical condition resulting in the inability to attend camp.

Make-up days are not guaranteed and must be scheduled for before the last week of camp at your location.
BUY NOW/SAVE NOW/ PLAN LATER - Program provides ability to change dates before May 15th with one change per family. After May 15th, changes are allowed but are subject to availability with a \$50 change fee.

We need **1+ weeks** notification so we can ensure that we are staffed appropriately to honor the change. See our website for policy details.

Please contact info@gritsportstraining.com for more information

#### SAMPLE MENU:

#### **Entrees**

Nuggets, Turkey Sandwich, Hot Dog, Mixed Greens & Chicken, Pasta, bagels, etc.

#### Sides

Soft Pretzel, Carrots & dip, Corn Chips, Hummus & Pita, etc.

#### Fresh Produces

Apple, Orange, Apple Sauce, Carrots, etc.

#### **Drinks**8

100% Juice Capri Sun, water

#### **Dessert (Optional)**:

Cookies. Ice Cream. etc.

#### Approx Costs

~ \$7 - \$9 per day

PIZZA on US ~ Every Friday\*

(you may elect to order lunch from Simply Gourmet on Friday, if you prefer)









#### MOST COMMONLY ASKED QUESTIONS:

#### Do I have to order lunch from Simply Courmet?

You may choose to bring your own lunch or order lunch from Simply Gourmet. Please note: We do not have refrigeration or microwaves for lunches brought from home.

#### What about snacks and a water bottle for my camper?

Please pack two snacks and a reusable water bottle (with your camper's name clearly marked!)

#### **Can I switch weeks after I register?**

GRIT offers parents the flexibility to switch weeks until May 15th with our Buy Now, Save Now, Plan Later program. We can also help you switch weeks later if there is room available.

## **Can I request that my child be in the same group as another camper?**

GRIT offers parents the flexibility to switch weeks until May 15th with our Buy Now, Save Now, Plan Later program. We can also help you switch weeks later if there is room available.

#### How long does camp run?

We offer weekly camp for 14 weeks, from **Monday, June 8th through Friday, September 11th**. Plan for the summer, or choose a weekly option. We do offer dropins when space is available.

#### What time can I drop my camper off?

Camp starts at 8:00am with early drop off anytime after 7:30am.

## What if I<sub>b</sub> or my earegivers, aren't able to pick up my eamper at 4pm?

We offer a daily or weekly "AfterCamp" option for up to two hours. The best rate is for weekly but we do offer daily "AfterCamp" as well.

### MOST COMMONLY ASKED QUESTIONS:

#### **Can I get a discount on camp?**

We offer special rates for 4+ weeks and member discounts only. A 5% sibling discount is available. Discounts are available for a limited time and must be applied at the time of registration. Discounts cannot be combined.

#### Is transportation offered?

Transportation is offered for an extra fee on a first-come, first-serve weekly basis from specific pick-up and drop-off locations in downtown Jersey City and Hoboken. Please contact us for the locations.

#### What does my camper need to wear to camp?

Transportation is offered for an extra fee on a first-come, first-serve weekly basis from specific pick-up and drop-off locations in downtown Jersey City and Hoboken. Please contact us for the locations.

#### What does my camper need to wear to camp?

Campers should wear **sneakers and athletic clothing**. On water/swim days, wearing a bathing suit to camp is preferred. Please pack a towel.

- Apply sunscreen BEFORE arriving at camp.
- Bring sunscreen (with name marked) to reapply (a counselor can assist if needed).

#### How do I find Lost Items?

Label all clothing/towels/water bottles/sunscreen, etc. If labeled, the staff will try to return that item by end of day or the next day. Our Lost and Found is located at the front desk).

- Questions? Text us at 201-596-6626.
- O Please keep valuables at home (No cell phones, Game Consoles, etc.)

#### MORE QUESTIONS P CONTACT US!



